

Curriculum Vitae of

Dr. R. SURESHA

No.1078, 1st Main, 2nd Cross, Vidyaranya
Puram, Mysuru – 570008.

Mobile: 99808-33466.

Email: drrsuresha@gmail.com

Date of Birth: 5th January 1980.

Married. Blessed with two children.



Academic Credentials:

- B.A. in Philosophy, Education and Sociology; Karnataka State Open University, Mysuru. 2001
- M.A in Sanskrit; Karnataka State Open University, Mysuru. 2003.
- Ph.D. in Sanskrit from Mangalore University in 2009.
<http://hdl.handle.net/10603/132380>
- Qualified in UGC-NET June 2015. Sanskrit.
- Qualified in K-SET – May 2012. Sanskrit.
- P.G. Diploma in Prakrit; University of Mysore, Mysuru. 2015.
- P.G. Diploma in Manuscriptology; University of Mysore. 2020.
- M.Sc in Yoga and Consciousness; S-VYASA Yoga University, Bengaluru. 2012.
- Languages known: Sanskrit, Kannada, English, Tamil, Hindi.
- Rural Candidate studied in Kannada Medium (from KG to PG).
- **I am the first and only person in Mudaliar community (General Merit) to have studied the Veda and Vedanta.**

Traditional and Modern Subjects Studied at Veda Vijnana Gurukulam (Residential), Bengaluru from 1997 to 2003:

- The entire Krishna Yajur veda (samhitā, brāhmanam, āraṇyakam, upaniṣat) in traditional method.

- Complete prasthānatrayam (bhagavadgītā, daśopaniṣat, brahmasūtram) with shānkara commentary.
- Indian logics (tarkasaṁgraha and major sutras)
- Panini grammar (complete laghu siddhānta-kaumudī and salient parts of siddhānta-kaumudī)
- Memorized major parts of amarakosha (Sanskrit dictionary).
- arthasaṁgraha of purvamimsa.
- Selected Sanskrit kāvyā-s and English poems.
- Acquired decent proficiency in English.
- Gained good working knowledge of Computers.

Professional Experience: PG–10 years, UG–7 years.

1. Full Time Guest Faculty, Department of Studies in Sanskrit, University of Mysore. From 05-09-2013 to till date.
2. Assistant Professor in Sanskrit, Veda Vijnana Shodha Samsthanam. Bengaluru. From 01-02-2012 to 04-09-2013.
3. Assistant Professor in Sanskrit, Seshadripuram Institute of Commerce and Management. Bengaluru. From 01-01-2006 to 16-09-2010.
4. Assistant Professor in Sanskrit, Sushrutha Ayurvedic Medical College, Bengaluru. From 01-03-2003 to 06-08-2005.

National Conferences Organized: 05

1. Organized a One-Day National Conference on "Water Concept in Sanskrit Literature" at Department of Studies in Sanskrit, University of Mysore, on 25th March 2019.
2. Organized a Three-Day National Seminar on "Rigvedic Traditions" at Veda Vijnana Shodha Samsthanam, Bengaluru in association with The Mythic Society, Bengaluru and Maharshi

Sandipani Rastriya Vedavidya Pratishthan, Ujjain, from 1st to 3rd March 2019.

3. Organized a One-Day National Conference on "Agriculture in Ancient Sanskrit Literature" at Department of Studies in Sanskrit, University of Mysore, on 19th July 2016.
4. Convener of the Four-Days-National Conference on "Preservation of Vedic Recitation Traditions through the ages: With Special Reference to South India" in Kaveri Auditorium, Karnataka State Open University, from 28th to 31st January 2016.
5. Organized a two-day National Conference on "Ancient Learning System", at Veda Vijnana Gurukulam, Bengaluru, in association with Centre for Inter-disciplinary Studies and Research in Sanskrit (CISRS), Canara College, Mangalore on 22nd and 23rd July 2006.

Research Papers in Peer-Reviewed or UGC listed Journals: 10

1. Published a research article on "Varna system in the light of Vedas" in Shrutishobha – A Research Journal of Samskrita and Samskriti on 1st April 2014. Edited by Prof. Ramachandra G.Bhat, Dr. Mahabaleshwar S.Bhat, Dr. Tilaka M Rao. Published by Veda Vijnana Shodha Samsthanam, Bengaluru. ISSN: 2348-1102. Page No.21-24. Vol.1. April 2014.
2. Published a research article on "Glimpses of Ancient Indian Town Planning for Building Modern Heritage Cities" in Dev Sanskriti: Interdisciplinary International Journal. Edited by Dr Pranav Pandya, Sri Sharad Pardhy, Dr Chinmay Pandya. Published by Dev Sanskriti Vishwavidyalaya, Haridwar, Uttarakhand. **UGC Approved Journal No.48423.** ISSN: 2279-

0578. Volume -7. Page No.7-11. January 2016.

<http://dsij.dsvv.ac.in/index.php/dsij/article/view/71/69>

3. Published a research article on "Sustainable Social Development and Economic Wellbeing through Yajna" in Shrutishobha – A Research Journal of Samskrita and Samskriti. Edited by Prof. Ramachandra G.Bhat, Dr. Mahabaleshwar S. Bhat, Dr. Tilaka M Rao. Published by Veda Vijnana Shodha Samsthanam, Bengaluru. ISSN: 2348-1102 Page No.186-199. Volume-3. April 2016.
4. Published a research article on "A comparative study of educational and economic exclusion in Pre and Post independent India" in "Asian Journal of Development Matters – An International Contemporary and Multi-Disciplinary Journal". **UGC Approved Journal**. Published by National Centre for Inclusive Growth and Development Research, Mysuru. ISSN print: 0973-9629 ISSN online: 0976-4674 Volume – 12. Page No.244-249. June 2018.
<https://www.indianjournals.com/ijor.aspx?target=ijor:ajdm&volume=12&issue=1spl&article=026>
5. Published a research article on "Cultural Influence on Economy for Sustainable Growth" in a peer reviewed journal "Indian Journal of History and Archaeology" ISSN (E): 2582-225X. Volume-1, Issue-1, May-June 2019. Page No.: 53-60.
https://www.ijha.in/assets/doc/journal/VOL-1_ISSUE-1_MAY-JUN_2019_9.pdf
6. Published a research article on "Promotion of Sanskrit and Secular Education by His Highness Nalvadi Krishna Raja Wodeyar" in a peer reviewed journal "International Journal of Social and Economic Research" ISSN: 2249-6270. Volume-9, Issue-3, Page No.: 134-139. July-September 2019.

7. Published a research article on औपनिषदं शारीरदर्शनम् in a peer reviewed journal रसना ISSN: 2320-4354. Volume-10, Issue-11, Page No.: 21-22. November 2019.
8. Published a research article on "Indian Philosophical Perspective Of Inclusive Education: Issues And Debates" in a peer reviewed journal "International Journal of Social and Economic Research" ISSN: 2249-6270. Volume-9, Issue-4, Page No.: 49-55. October-December 2019.
<https://www.indianjournals.com/ijor.aspx?target=ijor:ijser&volume=9&issue=4&article=005>
9. Published a research article on "Women as lifeline of ancient Indian sustainability" in a peer reviewed journal "International Journal of Sanskrit Research" ISSN: 2394-7519. Volume-5, Issue-6, Part-A, Page No.: 39-41. November-December 2019. Date of publication: 28-10-2019.
<http://www.anantaajournal.com/archives/2019/vol5issue6/PartA/5-6-15-933.pdf>
10. Published a research article on "Astounding life and literary contributions of sage Vidyaranya" in a peer reviewed journal "International Journal of Sanskrit Research" ISSN: 2394-7519. Volume-5, Issue-6, Part-B, Page No.: 65-67. November-December 2019. Date of publication: 04-10-2019.
<http://www.anantaajournal.com/archives/2019/vol5issue6/PartB/5-6-16-747.pdf>

Research Publications with ISBN : 11

1. Published a research article on "Learning Methodologies – Vedantic Pedagogy" in Proceedings of the 20th International Congress of Vedanta, held at JNU, New Delhi on 28th-31st December 2013. Edited by Girish Nath Jha, Bal Ram Singh, R.P.Singh, Diwakar Mishra. Published by D.K.Printworld (p) Ltd.

New Delhi. www.dkprintworld.com ISBN 13: 978-81-246-0639-1. ISBN 10: 81-246-0639-0. Page No. 138-154. Year - 2012.

- 2.** Published a research article on "Economic Development through Safe-Globalization" in the proceedings of 1st International Conference on Equality and Sustainable Human Development – Issues and Policy Implications, held on 24th May 2014 at Mysore. Edited by Dr.Puttaraju.K, Dr.G.T.Somashekar, Dr.T.R.Leelavathi, Dr.S.K. Bhuvanendra. Published by Lulu Enterprises UK Ltd. United Kingdom. ISBN : 978-1-312-12663-3. Page No.362-365. 16th May 2014.
- 3.** Published a research article on "Multidimensional Empowerment through Sanskrit" in the Proceedings of Two-Days International Conference on Community Empowerment in Changing World – Issues and Challenges, held on 27th and 28th February 2015 at Mysore University. Edited by Dr.K.Shivachithappa, Dr.Chikkarangaswamy. Published by BOOKRIX GmbH & Co. KG, Germany. ISBN: 978-3-7368-2021-0. Page No. 327-330. 27th February 2015.
- 4.** A research article is published on "Language Does Not Exist; It Happens" in the Proceedings of Two-Days National Conference on Language Teaching in India – A Review, held on 2nd and 3rd March 2015 at Jain University, Bengaluru. Edited by Dr.Rajani Jayaram, Dr.Natesha.L. Published by Jain University, Bengaluru. www.jainuniversity.ac.in ISBN: 978-93-85327-23-0. Page No.45-49.
- 5.** Published a research article on "Vidulopakhyanam – A Treasure-house of Rajadharma" in the proceedings of Two Days National Seminar on Socio-political Aspects in Mahabharata, held on 2nd and 3rd November 2015 at Department of Studies in Sanskrit,

Bangalore University. Edited by Prof.C.Shivaraju. Published by College Book House, Bengaluru. www.collegebookhouse.com ISBN: 978-93-81979-86-0. Page No.286-288. 2015.

- 6.** Published a research article on "Cattle-Based Indian Agriculture – Historical Reflections" in the proceedings of National Conference on "Agriculture in Sanskrit Literature" held on 19th July 2016 at Department of Studies in Sanskrit, University of Mysore. Edited by Dr. K. Narayana Bhatta. Published by Rural Organization for Appropriate Development, Mysuru. ISBN: 978-81-910230-1-5. Page No.44-47. July 2016.
- 7.** Published a research article on "Life offers Inevitable Growth and Optional Maturity" in संस्कृतपथः. Edited by Dr. K. Narayana Bhatta, Dr. Govinda.B. Published by Desi Pustaka, Bengaluru. ISBN: 978-93-81577-55-4 Page No.115-120. July 2017.
- 8.** Published a research article on "Thirst for Water" in the proceedings of National Conference on "Water Concept in Sanskrit Literature". Edited by Dr. K. Narayana Bhatta, Dr. R. Suresha, Dr. Suresh Hegde, Dr. Rachoti Devaru. Published by Divya. R, Patashala Trust, Bengaluru. ISBN: 978-81-930910-8-1 Page No.147-153. March 2019.
- 9.** Published a Kannada research article on "upanishadadharita adhiti-bodhana vidhanagalu" (Kannada Article) in the book titled Shikshapiyusha. Edited by Hiranya Venkateshwara Bhatta. Published by Sri Maitreyi Prakashana, Murukaje, Vitla Padnuru Villegge, Kodangayi Post, Bantwala Taluk, Dakshina Kannada, Karnataka – 574243. ISBN: 978-81-930910-9-8 Page No.47-62. July 2019.
- 10.** Published a research article on "Yajurveda Tradition of Karnatka" in the proceedings of International Conference on

“Oral and Manuscript Traditions of Vedic Texts in South India” held on 15th to 17th November 2017, at Kadavallur Anyonya Parishath, Thrissur, Kerala. Edited by Prof.K.A.Ravindran, titled “The Panorama of Vedic Lore”. Published by Vallathol Vidyapeetham, Sukapuram P.O., Edapal, Malappuram District, Kerala – 679 576. ISBN: 978-81-943840-1-4. Page No.72-84. November 2019.

11. Published a research article on “सुस्थिरा सामरस्या प्रगतिः प्रकृतिप्रपत्तिमूला” in the proceedings of National Conference on “Ecology in Sanskrit Literature” held on 26th February 2020 at Department of Studies in Sanskrit, University of Mysore. Edited by Prof.K.Narayana Bhatta and team. Published by Department of Studies in Sanskrit, Manasagangotri, University of Mysore. Mysuru – 570006. ISBN: 978-1-56646-725-4. Page No.35-43. 26th February 2020.

Invited Lectures: 6

1. Invited to deliver a talk on "Learning Techniques Illustrated in the Vedas" in Dr. Vedavyas Memorial Online Lecture Series held on 21st February 2021.
https://www.youtube.com/watch?v=kcQS7Xm_UzM
2. Delivered a valedictory address of Spoken Sanskrit Workshop at JSS Ayurvedic College, Mysuru on 05-03-2020.
3. Delivered a lecture on “Indian Knowledge Tradition – with special reference to the Upanishads” on 15th December 2018 as part of Faculty Development Program at Amrita Vishwa Vidyapeetham, Bengaluru Campus.
4. Delivered a lecture on “Humanistic Perspective of Veda for Sustainable Development” at Three-day National Seminar on

“Texts and Manuscripts of Vedic Corpus – Sources of Indian Knowledge Traditions” from 9th to 11th February 2019 at Amrita Vishwa Vidyapeetham, Mysuru Campus.

5. Invited to present a paper on “Environmental Sustainability – A Vedic Vision” in Two-day National Seminar on “Environmental Vision in Vedas” held in Government Sanskrit College, Tripunithura, Kerala on 19th and 20th July 2019.
6. Invited to present a research paper on “Ecological Thoughts in Major Upanishads” in Two-day National Seminar on “Ecological Resonances in Sanskrit Literature” held in Government Victoria College, Palakkad, Kerala on 21st and 22nd November 2019.

Translation and Editing Assignments: 3

1. Reviewed and edited 20 children stories translated from English to Sanskrit Language for the CIIL-EMESCO Neo-Literatures and Children Literature Material Bank Project. Central Institute of Indian Languages, Mysuru. March 2016.
2. Co-edited the conference proceedings of One-Day National Conference on “Water Concept in Sanskrit Literature”, held on 25th March 2019 at Department of Studies in Sanskrit, University of Mysore. Published by Divya. R, Patashala Trust, Bengaluru. ISBN: 978-81-930910-8-1 March 2019.
3. Co-edited the conference proceedings of One-Day National Conference on “Ecology in Sanskrit Literature”, held on 26th February 2020 at Department of Studies in Sanskrit, University of Mysore. Published by Department of Studies in Sanskrit, Manasa Gangotri, University of Mysore. ISBN: 978-1-56646-725-4 February 2020.

Research Papers Presented National / International Conferences: 45

- 1.** Presented a research paper on "A cursory comparison between Patanjali Yoga and Buddha Yoga" in Three-Day National Seminar on "The social and ethical concerns of Buddhism", held on 22nd, 23rd and 24th of March 2021 at Department of Philosophy, University of Mysore.
- 2.** Presented a research paper on "Vedic tradition of Karnataka region" in Three-Day National Seminar on "Traditional chanting and interpretation of Veda: with special reference to South Indian states", held on 27th and 28th February and 1st of March 2021 at Vadakke Madham Brahmaswam Vedic Research Centre, M.G.Road, Thrissur, Kerala.
- 3.** Presented a research paper on सुस्थिरा सामरस्या प्रगतिः प्रकृतिप्रपत्तिमूला in One-Day National Conference on "Ecology in Sanskrit Literature", held on 26th February 2020 at Department of Studies in Sanskrit, University of Mysore.
- 4.** Presented a research paper on "Ecological thoughts in major Upanishads" in Two-Day National Conference on "Ecological Resonances in Sanskrit Literature", held on 21st and 22nd November 2019 at Department of Sanskrit, Government Victoria College, Palakkad, Kerala.
- 5.** Presented a research paper on "Vedic Vision of Harmonious Development is better than Sustainable Development" in Two-Day National Conference on "Environment Vision in Vedas", held on 19th and 20th July 2019 at Department of Vedanta, Government Sanskrit College, Tripunithura, Kerala.
- 6.** Presented a research paper on "Thirst for Water" in One-Day National Conference on "Water Concept in Sanskrit Literature",

held on 25th March 2019 at Department of Studies in Sanskrit, University of Mysore.

- 7.** Presented a research paper on "Social Justice in Kuvempu Literature" in One Day National Seminar on Kuvempu Literature – Cultural Perspective Exploration, organized by Kuvempu Kannada Institute, University of Mysore on 23rd October 2018.
- 8.** Presented a research paper on "Early literature of His Highness Mummadi Krishnaraja Wodeyar" in one-day National Seminar on "Literary contribution of His Highness Mummadi Krishnaraja Wodeyar, Mysuru" organized by Oriental Research Institute, University of Mysore and SBRR Mahajana First Grade College, Mysuru on 13th March 2018.
- 9.** Presented a paper on "Samskritam as the soul of India" in one-day National Seminar on ಸಂಸ್ಕೃತ ಸಾಹಿತ್ಯ ಚಿಂತನೆ organized by JSS international research centre and JSS college for women. 6th March 2018.
- 10.** Presented a research paper on "Yajurveda Chanting Tradition of Karnataka" in Three Day International Seminar on Oral and Manuscript Traditions of Vedic Texts in South India, from 15th to 17th November 2017, at Kadavallur Anyonya Parishath, Thrissur, Kerala.
- 11.** Presented a research paper on नित्यकर्मसु निहिताः आध्यात्मिकाः विचाराः on Three Days National Seminar on Spiritual and Yogic Philosophies hidden in Vedic Rituals, held from 27th to 29th October 2017, Karkala, Udupi.
- 12.** Presented a research paper on "Contributions of Sage Vidyanaraya to Sanskrit Literature" on Three Days National Seminar on Contributions of Karnataka to Sanskrit Literature,

held from 24th to 26th November 2016, at Oriental Research Institute, Mysuru.

- 13.** Presented a research paper on वेदेषु वैश्विकं हितं राष्ट्रीय परिकल्पना च on One Day National Conference held on 22nd August 2016 at JSS Vidyapeetam, Mysuru.
- 14.** Presented a research paper on "Cattle-Based Indian Agriculture – Historical Reflections" on One Day National Conference held on 19th July 2016 at Department of Studies in Sanskrit, University of Mysore.
- 15.** Presented a research paper on "Upanishadic Values for the Utilitarian World" on Two-day National seminar on Vedic and Vedantic Ideals: Relevance and Importance Today on 9th and 10th April 2016 at Vadakke Madham Brahmaswam Vedic Research Centre, Thrissur, Kerala.
- 16.** Presented a research paper on "The Concept of Duta and Its Contemporary Relevance" in One Day National Seminar on संस्कृतसाहित्ये दौत्यम् on 27th March 2016 at Kuvempu University, Shimoga.
- 17.** Presented a research paper on "Wealth and Well-being according to Mahatma and Mahabharatam" in One Day National Seminar on Gandhiji and Gita: Relevance in the Global Era, held on 10th March 2016 at Maharaja Sanskrit Patashala, Mysuru.
- 18.** Presented paper on नारी-देशनाडी in Two days National Seminar on Women in Indian Scriptures: Through the ages, held on 12nd and 13rd November 2014 at Reginal Institute of Education, Mysuru.

- 19.** Presented a research paper on विदुलोपाख्यानम् – A treasure house of राजघर्मः in Two days National Seminar on Socio-Political Aspects in Mahabharata: Their relevance today, held on 2nd and 3rd November 2015 at Bangalore University, Bangalore
- 20.** Presented a research paper on “Legal legacy in Sanskrit” in One Day National Seminar on Law and Language, held on 16th October 2015 at JSS Law College, Mysuru.
- 21.** Presented a research paper on “Vachanas and Sanskrit Literature: Their relevance today” in Two-day National Seminar on Vachanas in 21st Century: Thoughts and Perceptions, on 22nd and 23rd September 2015 at Yuvaraja College, Mysore.
- 22.** Presented a research paper on “Yoga – The New Religion of Modern World” in Two-day National Seminar on Yoga Philosophy and Practice: Its Global Approach held on 22nd and 23rd August 2015 at Karnataka Arts College, Dharwad.
- 23.** Presented a research paper on “Indian Philosophical Perspective of Inclusive Education” in Two-day Inter National Conference on Inclusive Education– Perspectives and Challenges, held on 6th and 7th March 2015 at Karnataka State Open University, Mysore.
- 24.** Presented a research paper on “Rare and Vanishing Traditions of Vedic Recitation of Karnataka” in Two-day National Seminar on Rare and Vanishing Traditions of Vedic Recitation: With Special Reference to South India, held on 5th and 6th March 2015 at Shree Shankaracharya University of Sanskrit, Kalady, Kerala.
- 25.** Presented a research paper on “Language does not exist; it happens” in Two-day National Conference on Rethinking

Language Teaching in India, held on 2nd and 3rd March 2015 at Jain University, Bangalore.

- 26.** Presented a research paper on "Sustainable Social Development and Economic Wellbeing through Yajna" in Three-day Inter National Conference on Relevance of Yajna for a Healthy Society, held on 28th February, 1st and 2nd of March 2015 at Veda Vijnana Shodha Samsthanam, Bangalore.
- 27.** Presented a research paper on "Multi-Dimensional Empowerment through Sanskrit" in Two-day Inter National Conference on Community Empowerment in Changing World – Issues and Challenges, held on 27th and 28th February 2015 at Development Research Foundation, Mysore.
- 28.** Presented a research paper on "Value-based Ancient Indian Education and its Contemporary Relevance" in Two-day National Conference on Value Initiatives in Institutions of Higher Learning – Key to Youth Empowerment, held on 3rd and 4th February 2015 at Indian Institute of Science, Bangalore.
- 29.** Presented a research paper on "Local Resource Optimization - Arthashastra's Advice for Sustainable Revenue" in Three-Day International Conference on Self-help Initiatives, Micro-finance and Sustainable Development, held on 2nd to 4th February 2015 at Mahajana College, Mysore.
- 30.** Presented a research paper on "Relevance of ancient concept of 'Dharma' in the present context of 'rights'" in Three-Day International Conference on Scientific Knowledge Systems in Ancient Sanskrit Texts, Traditions and Innovations, held on 21st to 23rd January 2015 at University of Kerala.
- 31.** Presented a research paper on योगजीवनक्रमस्य अनिवार्यता स्वपरहितसिद्धिः च in Two-Day Inter National Conference on Traditions of

Ayurveda, Yoga and Vedanta - Classical Perspectives and Modern Perceptions, held on 10th and 11th January 2015 at Bangalore.

32. Presented a research paper on "The Vedas – From the Perspective of Moral Values" in Two-Day National Seminar on Moral Values Depicted in Sanskrit Literature, held on 19th and 20th December 2014 at Poornaprajna College, Udupi.

33. Presented a research paper on "Vedantic View of Human Resource Enrichment" in Two-Day National Seminar on Human Resource Development through Sanskrit, held on 15th and 16th December 2014 at University of Kerala.

34. Presented a research paper on "Hindu Religion is Myth; Hindu Dharma is Truth" in Two-Day on National Seminar on Discourse of Hinduism in Indian Literature, held on 11th and 12th December 2014 at Subrahmanya.

35. Presented a research paper on "Oral and Textual Traditions of Veda - Karnataka Region" in Three-Day on National Seminar on Continuity of the Oral and Textual traditions of Vedas with special reference to South India, held on 14th to 16th November 2014 at Kadavallur, Kerala.

36. Presented a research paper on श्रीबसवेश्वरस्य वचनसाहित्ये प्रतिफलितानि उपनिषदां मौल्यानि in Two-Day National Seminar on Relevance of Upanishads in Modern Days, held on 6th and 7th October 2014 at Bijapur.

37. Presented a research paper on "Safe-Globalization for Sustainable Rural Development" in Two-Day National Conference on Rural Development and Inclusive Growth – New Debates held on 21st and 22nd August 2014 at Mysore.

- 38.** Presented a research paper on "Salient contributions of Nalwadi Krishna Raja Wodeyar in the field of Education including Sanskrit" in Two-Days National Seminar on Trends of Modernization – Princely state of Mysore 1881-1947, held on 29th and 30th May 2014 at Mandya.
- 39.** Presented a research paper on "Economic Development through Safe-Globalization" in One-Day International Conference on Equality and Sustainable Human Development – Issues and Policy Implications held on 24th May 2014 at Mysore.
- 40.** Presented a research paper on "Cattle as heart of Ideal Village – According to Mahatma Gandhi" in Two-Day Nation Seminar on Gandhian Concept of Ideal Village and its contemporary relevance, held on 28th and 29th March 2014 at Mysore.
- 41.** Presented a research paper on "Best of the East and West for Sustainability" in Two-Days National Conference on Education for Sustainable Development, held on 27th and 28th March 2014 at Mysore.
- 42.** Presented a research Paper on भारतीये संविधाने याज्ञवल्क्यस्मृतेः प्रभावः in Two-Days National Seminar on Application of Ancient Shastras in Modern Sciences, organized by Samskrita Shodha Samsthana ®, Sirsi, held on 18th and 19th January 2014 at Mangalore.
- 43.** Presented a research paper on औपनिषदम् अधीतिविद्यानम् in International Vedic Conference, in Gurukul Kangdi University, Haridwar, between 27th to 30th January 2005.
- 44.** Presented a research paper on "Gurukula experiments in Karnataka" in Veda Vijana Gurukulam, Bangalore on 22nd and 23rd July 2006. Member of organizing committee.

45. Presented a research paper on “Vedic and Vedantic Pedagogy” in 20th International Congress of Vedanta, Jawaharlal Nehru University, Delhi from 28th to 31st December 2011.

Memberships and Recognitions:

- 1.** Coordinator of Internal Quality Assurance Cell (IQAC), Department of Studies in Sanskrit, University of Mysore. 26-07-2021.
- 2.** Conducted the evaluation of M.A. 3rd Semester, Department of Studies in Sanskrit, University of Mysore. From 14-07-2021 to 17-07-2021.
- 3.** Special invite to Board of Examination (PG), Department of Studies in Sanskrit, University of Mysore. 12-07-2021.
- 4.** Library in-charge, Department of Studies in Sanskrit, University of Mysore. From April 2021.
- 5.** Guided the PG project works.
- 6.** Member of Expert Committee, Vedic Chanting Scheme, South Zone Cultural Centre, (Ministry of Culture, Government of India) Thanjavur, Tamil Nadu.
- 7.** Paper Setter and Evaluator for five terms at S-VYASA University, Bengaluru.
- 8.** Member of Board of Studies in S-VYASA Yoga University, Bangalore.
- 9.** Member of Board of Studies (BoS) for two terms at at S-VYASA Yoga University, Bengaluru.
- 10.** Member of Board of Appointment of Examiners for five terms at S-VYASA Yoga University, Bengaluru.

- 11.** Resource Person in the Personal Contact Program for M.A. (Previous and Final) of K.S.O.U, Mysore held from 25-03-2014 to 29-03-2014.
- 12.** Resource Person in Pre-Ph.D course of Tumkur University, held between October 2012 to March 2013.
- 13.** Veda Pandit, Member of Zilla Dharmika Parishad, Mujarai Department, Government of Karnataka, 2012.
- 14.** Venkatanarayana Sastry Memorial Award is bestowed in recognition of the best dissertation among the students qualifying for the degree of Master of Science in Yoga and consciousness.
- 15.** Award for excellence is bestowed by Town Co-operative Bank, Hoskote. 26-09-2009.

Conferences/Symposiums/Seminars/workshops attended:19

- 1.** Three Day National Workshop on Multidisciplinary Perspectives on Indigenous Languages, Cultures and Societies; organized by Central Institute of Indian Languages, Mysuru, at Vijnana Bhavan, University of Mysore, Mysuru; between 30-12-2019 to 01-01-2020.
- 2.** Seven Day National Workshop on "Essence of Samayasara" organized by Indian Council of Philosophical Research, New Delhi, at Sri Atma Vallabha Jain Smarak Shikshan Nidhi, Alipur, Delhi, between 4th to 10th June 2019.
- 3.** Twenty One Days Intensive Training Program on Introduction to Translation organized by National Translation Mission, Central Institute of Indian Languages, Mysore. From 22nd July to 11th August 2015.

- 4.** Eleven Days Intensive Residential Course on Teaching English, organized by Special Academy for Communicative Excellence in English, Bangalore between 2nd to 12th May 2004.
- 5.** Two Day National Workshop on "Technical Writing and Publications, Grant Proposals, Funding Agencies and Soft Skills in Scientific Research" on 10th and 11th January 2019 at Vijnana Bhavan, University of Mysore.
- 6.** One-Day National Seminar on "Making Indian Cities Smart", held on 10th July 2015 at University of Mysore.
- 7.** Two-Day Nation Seminar on "Approaches to Balachandra Nemade", held on 26th and 27th June 2015 at University of Mysore.
- 8.** One day workshop on "Status of Sanskrit at Higher Education", held at Maharani Science College on 21st June 2013.
- 9.** Two-Day workshop on Multimedia Teaching – Learning Resource Creation for Online Access, held at MLRCC, University of Mysore on 6th and 7th of March 2014.
- 10.** Two-Day Brain-Storming workshop on Successful Facing of Competitive Examinations, held at CPDPS, University of Mysore on 20th and 21st February 2014.
- 11.** One Day Deliberation and Discussion on Exploring New Avenues in the field of Sanskrit Research, held at Veda Vijnana Shodha Samsthanam, Bangalore on 28th November 2013.
- 12.** State level Seminar on Concept of Beauty, Canara College, Mangalore. 18th and 19th November 2005.
- 13.** State level seminar on Concept of Yajna: Through Shulba and Mathematics, at Poorna Prajna College, Udupi, on 11th and 12th March 2006.

14. National level seminar on Dynamics of Educational Quality, on 22nd23rd February 2008.
15. Weekend Yoga Retreat, at ISKCON, Bangalore, on 10th August 2008.
16. State level Seminar on Amendments to KSUA-2000, on 14th and 15th March 2009.
17. Sanskrit Workshop on Bana's literary compositions and poetic beauty of Champu literature on 29th September 2009.
18. National Seminar on Atmadarshanam for Human Harmony, at Veda Vijnana Gurukulam, Bangalore, on 5th and 6th February 2010.
19. National Level Consultation Seminar on Indian Psychology: Challenges and Prospects, at Jain University, Bangalore, on 6th and 7th August 2011.

Skill Development Programs / Co-curricular Achievements:

1. Diploma in Basic Computing organized by Cyber Softek, Mysore between June – Aug 2011.
2. Kannada Type Writing–Junior was conducted by Karnataka Secondary Education Examination Board, Bangalore on August 1997.
3. English Type Writing–Senior conducted by Karnataka Secondary Education Examination Board, Bangalore on August 1997.
4. English Type Writing–Junior was conducted by Karnataka Secondary Education Examination Board, Bangalore on August 1996.

Monographs Written:

1. A comprehensive understanding of Yajna – 2002.

2. Ggāyatrī-sādhana-sopāna- 2003.
3. Educational values in Upanishads – 2004.
4. Upanishadic learning methodologies – 2005.
5. Upāsanā-s in major Upanishads – 2006.
6. Educational values reflected in Manu smriti and Bhagavadgītā - 2007
7. A number of articles in Kannada, English and Sanskrit are written for magazines and journals.

Detailed list of programs conducted:

1. Conducted many Spoken-Sanskrit-Sessions for college students.
2. Taught Yogasanas, Pranayama, Meditation techniques, Vedic chanting in various camps organized by VidyaBharati, Manisha Cultural Foundation and other organizations.
3. Five years of practical experience as one of the coordinators of Grama Samskara Yojana (Village Development Program) organized by Veda Vijnana Gurukulam where the village children were given cultural education.
4. Conducted Yoga and Vedic Chanting sessions.
5. Volunteered in many social activities.
6. Took sessions at teacher training programme, Vidya Bharati, Gulbarga.
7. Participated in Bhagavad Gita distribution drive, to villagers for promoting cultural awareness.
8. Participated in various Personality Development camps and other camps organized by different organizations like Ramakrishna Mission, Vidya Bharati and so on.

Webinars and Faculty Development Programs Attended: 7

1. Participated in the International Webinar on "Sanskrit and German – The Linguistic Affinity" on 29th July 2021.
2. Successfully completed Online Faculty Development Program on "Inculcating Creativity: Tools for Effective Thinking" from 7th July to 11th July 2021.
3. Participated in the National Webinar on "NEP-2020: towards creating a robust ecosystem for research and innovation" on 25th June 2021.
4. Participated in a Online "Orientation Course for Sanskrit Teachers" from 2nd June to 11th June 2021.
5. Participated in the IGNCAs webinar on "Current Practices in Manuscripts Text Editing" held on 30th June 2020.
6. Participated in the International Webinar on "Sanskrit Research Methodology" on 2nd June 2020.
7. Participated in the Online Faculty Development Program from 16th May to 21st June 2020.

Contribution to the Department of Studies in Sanskrit, UoM:

1. Made sincere and serious efforts to improve student's strength.
2. PG Diploma in Manuscriptology program was restarted.
3. A few poor students were given financial help, even with my humble salary as a guest faculty.
4. I mooted and implemented the unprecedented idea of releasing the proceedings with ISBN on the day of National Seminar.
5. Apart from teaching, academic guidance has been given to many research scholars cordially.

6. Owning the Sanskrit Department, many official documents like timetable, correspondences etc are prepared; classroom and library are organized and so on.
7. As a friend, philosopher and guide, student's concerns have been addressed.
8. From the first day of the lockdown, all the online classes were recorded (audio and video separately) and shared with students through email and whatsapp immediately after every class.

In the interest of the students, 300+ online classes are uploaded on YouTube channel by name "Learn Sanskrit". It facilitates 24x7 learning from anywhere and saves device memory.

About YouTube channel:

<https://www.youtube.com/channel/UCqrgItgxytv38GMo1xyjzGQ/about>



*CV as on 31-07-2021.